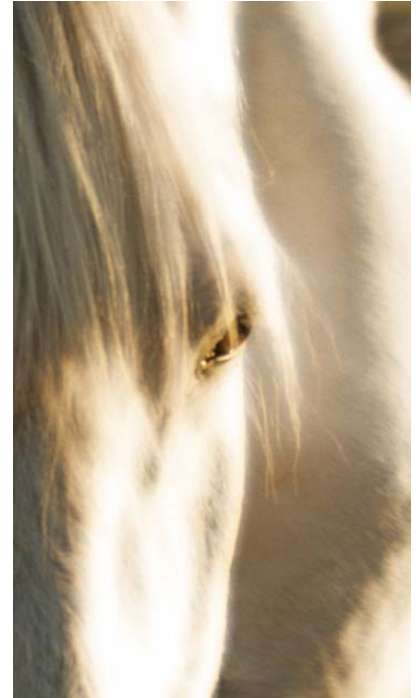

- Soul Care - Through the Way of the Horse

Equine Soul Care™
presents the Epona Approach®

Date and location to be announced
\$500*



**In partnership with Sandra and the Herd,
journey to discover new ways
of living an inspired life!**

Our Mission:

**Looking deep within
to bring forth heart and soul,
with laughter, grace and wisdom**

***Join us as we explore the mystery of learning about
ourselves in the presence of horses.***

Through engaging in non-riding activities with a “beginner’s mind,” and using basic Epona philosophies and practices, horses teach us how to communicate non verbally, using information stored in our bodies, and accessed through the wisdom of our hearts.

Meet the Herd and learn to -

- *Trust your intuition and gut feelings;
- *Distinguish your inner “Soul Self Voice” from your conditioned (and false) voices
- *Listen to the messages behind your emotions;
- *Respect one another’s spatial needs
- *Set Boundaries among both our 2- and 4-legged friends
- *Use these skills for building authentic community

WHO should attend? Anyone interested in exploring their untapped wisdom through the way of the horse.
(NO horse experience necessary!)

WHAT TO WEAR: Please wear closed toe shoes, dress warmly and in layers.

FACILITATOR: Epona Approved Instructor,
SANDRA SELL-LEE, MA, PCC
www.equinesoulcare.com

Enrollment is limited to 4.

**FOR FURTHER INFORMATION
AND REGISTRATION:**

Sandra Sell-Lee
sandra@equinesoulcare.com
206.799.3527

**Fee includes lunch and materials;
I am willing to negotiate the fee.*

*NOTE: attendance at this workshop qualifies
as a prerequisite for advanced Epona
workshops. www.taoofoequus.com*